



Pensacola Catholic High School

Weightlifting Schedule Spring 2026

Date	Opponent	Location	Time
February			
4	Gulf Breeze	Away	4pm
9	West Florida	Home/Virtual	4pm
11	Baker Invitational	Home/Virtual	4pm
25	Washington	Home	4pm
March			
4	Pensacola High	Away	4pm
25	West Florida	Home	4pm
April			
8	Districts Meet	Baker	All Day
24	Regional Meet	Walton	All Day
May			
6-8	State Meet in Lakeland	Away	All Day

Head Coach:
Ji Theriot

Principal: Sister Kierstin Martin

Athletic Director: Matt Adams