

ATHLETICS



An opportunity for development.

For more than 50 years, PCHS has participated in high school athletics as a member of the FHSAA (Florida High School Athletic Association).

Dreams can become a reality at Catholic High, and students are challenged to grow and develop in many ways through athletics.

FALL

- Cheerleading (F)
- Cross Country (M/F)
- Football (M)
- Golf (M/F)
- Swimming (M/F)
- Volleyball (F)

WINTER

- Basketball (M/F)
- Soccer (M/F)

SPRING

- Baseball (M)
- Lacrosse (M/F)
- Softball (F)
- Tennis (M/F)
- Track and Field (M/F)
- Weightlifting (M)

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Through athletic participation, students learn leadership, teamwork, dedication, punctuality, responsibility, sportsmanship, and loyalty.

– Matt Adams
Athletic Director

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Matt Adams

Athletic Director

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For more information about the athletic programs at PCHS, visit **pensacolachs.org/athletics**



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