



# Pensacola Catholic High School

## Cross Country Schedule

### Fall 2024

Date	Time	Event	Location
<b>August</b>			
15	5:30 p.m.	Spike Nite	Running Wild
24	7:30 a.m.	ARGO 5K	University of West Florida
31	G-7:30, B-8:15 a.m.	Pace Patriot Invitational	Sims Middle School
<b>September</b>			
7	G-7:15, B-7:50 a.m.	Gulf Coast Stampede	Escambia County Equestrian Center
14	G-8:00, B-8:40 a.m.	Buccaneer Bash	Panama City
21	G-7:30, B-8:15 a.m.	Argo Invitational	University of West Florida
28	G-7:30, B-8:05 a.m.	Daphne Invitational	Spanish Fort-Blakeley St. Park
<b>October</b>			
5		Santa Rosa Triathlon	Casino Beach (Working only, not running)
12	B-9:20, G-9:50 a.m. EST	Pre-State	Apalachee Regional Park (Tallahassee)
19	G-9:45, B-10:15 a.m. EST	New World Fall Spectacular	New World Sports Complex (Jacksonville)
24	G-4:00, B-4:30 p.m.	EscaRosa Championships	Osceola Golf Course
<b>November</b>			
1	G-8:00, B-8:30 a.m.	Districts	Apalachee Regional Park (Tallahassee)
6-9	TBD	Regionals	TBD
16	TBD	State	Apalachee Regional Park (Tallahassee)

Head Coach: Troy Faucheaux

Principal: Sister Kierstin Martin  
Athletic Director: Richard LaBounty